



Brain Drain: Out of Bound Mobility of International Students in Bangladesh

Rashed AHMED*

North South University, Dhaka, Bangladesh

Abstract

The phenomenon of brain drain, particularly the out-of-bound mobility of international students, has emerged as a critical issue for developing nations like Bangladesh. This article explores the causes, consequences, and potential strategies to mitigate brain drain, focusing on the emigration of skilled individuals and students pursuing higher education abroad. Utilizing a combination of literature reviews and case studies, this study underscores the socio-economic, educational, and policy-driven factors contributing to brain drain in Bangladesh. It concludes with actionable recommendations to foster a more sustainable approach to human capital retention and development.

Keywords: Brain drain, international student, bound mobility

Acknowledgments: Thanks to all parties who have supported the implementation of this research.

For citation:

Ahmed, R. (2025). Brain Drain: Out of Bound Mobility of International Students in Bangladesh. *Journal of Digital Learning and Distance Education*, 2(10), 1319-1326. <https://doi.org/10.56778/jdlde.v3i10.454>.

Introduction

Brain drain refers to the emigration of skilled professionals, intellectuals, and students from one country to another in search of better opportunities. This trend has significantly impacted developing nations, particularly Bangladesh. According to the International Organization for Migration (Socol & Iuga, 2024) brain drain is not merely a loss of talent but a systematic challenge affecting socio-economic growth. This article delves into the factors influencing the mobility of international students and their implications on Bangladesh's economy and development prospects.

The phenomenon of brain drain, characterized by the emigration of highly skilled individuals from one country to another, poses significant challenges to the development of the countries losing talent. This migration is often driven by the pursuit of better employment opportunities, higher salaries, and improved living conditions in more developed nations. The impact of brain drain is particularly pronounced in developing countries, where the loss of skilled professionals can exacerbate existing socioeconomic challenges and hinder growth (Khan, 2021).

Economic and Political Factors: Uneven economic development and political instability are significant drivers of brain drain. Countries with poor governance, lack of political stability, and inadequate public services tend to experience higher rates of emigration among skilled professionals (Vega-Muñoz et al., 2024) (Sarwar et al., 2024). **Workplace Conditions:** Inadequate compensation, limited career advancement opportunities, and substandard working conditions are prevalent push factors. For example, in Pakistan, healthcare professionals cite low salaries and poor working environments as primary reasons for emigration (Sarwar et al., 2024) (Ahmed et al., 2023). **Educational and Research Opportunities:** The availability of superior research facilities and educational opportunities in developed countries attracts students and researchers from developing nations. This is evident in the migration trends of Indian students and scientists seeking better infrastructure and research opportunities abroad (Chaudhary et al., 2024).

Research Objectives

1. **To identify the key factors driving the brain drain of international students from Bangladesh.**
 - This objective aims to pinpoint economic, educational, and socio-political reasons contributing to the migration of students for higher education abroad.
2. **To analyze the socio-economic impact of brain drain on Bangladesh.**
 - This involves assessing how the loss of skilled individuals affects the nation's development, economy, and social fabric.
3. **To propose actionable strategies to mitigate brain drain and enhance talent retention.**
 - The objective is to develop policy recommendations and interventions that can help reverse the trend and promote sustainable development.

Methodology

This research adopts a mixed-methods approach, combining quantitative data analysis and qualitative insights to provide a comprehensive understanding of brain drain in Bangladesh.

1. **Literature Review**
 - Extensive literature review of academic journals, policy papers, and reports was conducted to understand the global and local contexts of brain drain.
2. **Case Studies**
 - Case studies from other nations such as India and China were analyzed to draw parallels and identify best practices.
3. **Surveys and Interviews**
 - Surveys were distributed among students and professionals who emigrated or considered emigrating for educational or employment purposes. Semi-structured

interviews were conducted with education experts, policymakers, and members of the diaspora.

4. Data Analysis

- Statistical tools were used to analyze migration trends, while thematic analysis helped interpret qualitative data from interviews and surveys.

Implementation of Research Methodology

The research was implemented in phases:

1. Data Collection

- Surveys were distributed online, targeting students currently studying abroad and professionals in diaspora communities. A total of 200 responses were collected.
- Interviews were conducted with 20 stakeholders, including education experts and policymakers in Bangladesh.

2. Analysis and Interpretation

- Quantitative data was analyzed using software tools like SPSS to identify patterns and correlations. Qualitative data from interviews were coded to extract recurring themes.

3. Comparison with Global Practices

- Insights from countries like India and China were compared with findings from Bangladesh to identify gaps and opportunities for improvement.

Historical Aspects of Brain Drain in Bangladesh

The issue of brain drain in Bangladesh can be traced back to the post-independence era of the 1970s. During this period, political instability, economic hardship, and the lack of robust educational infrastructure drove many skilled professionals and academics to seek opportunities abroad. The 1980s and 1990s witnessed an acceleration of this trend, coinciding with globalization and the increased availability of scholarships and educational programs in Western countries. By the 2000s, the migration of students for higher education became a significant concern, with many opting to stay abroad due to better career prospects and quality of life (Nikou et al., 2023); (Rueff-Lopes et al., 2024). A historical analysis reveals that while brain drain initially involved professionals in healthcare and academia, it gradually expanded to include students and experts in technology, engineering, and business (Moshtari & Safarpour, 2024). The government's inability to address systemic issues, coupled with global demand for skilled labor, perpetuated this trend. Over time, brain drain became a structural challenge for Bangladesh, impacting its socio-economic development (Sutradhar, 2020); (Vega-Muñoz et al., 2021).

Factors Contributing to Brain Drain

1. **Economic Disparities** Economic challenges are among the primary reasons students from Bangladesh seek education and employment abroad. The World Bank (2023) reports that per capita income in Bangladesh is considerably lower than in developed countries, leading to a lack of adequate job opportunities and financial incentives. Additionally, the rising cost of living without corresponding wage growth exacerbates this trend, compelling skilled workers to seek better financial prospects overseas.
2. **Quality of Education** Many Bangladeshi students perceive education systems in countries like the USA, UK, Canada, and Australia as superior in terms of infrastructure, research facilities, and global recognition. The quality of higher education in Bangladesh often fails to meet international standards, prompting students to seek alternatives abroad. Limited access to advanced research tools and collaboration opportunities further discourages students from remaining within the local education system.
3. **Political Instability and Corruption** Political instability and corruption in Bangladesh contribute to brain drain by creating an uncertain future for young professionals. A study by (Rabbiosi et al., 2019); (Keister et al., 2020), highlights that these issues deter skilled individuals from investing in their homeland. The lack of transparency in public institutions and frequent bureaucratic hurdles further alienate ambitious individuals.
4. **Lack of Career Growth** Limited career growth opportunities in Bangladesh's job market also push students to migrate. Global Employment Trends (2021) indicate that skilled workers often face underemployment or unemployment in their home country. This stagnation in career progression is compounded by inadequate industrial growth and limited innovation-driven employment sectors.

Consequences of Brain Drain

1. **Economic Loss** The loss of skilled professionals leads to decreased productivity and innovation in the home country. According to Haque (2022), the emigration of Bangladeshi professionals annually costs the economy millions in potential GDP growth (Mahmud, 2023). The financial resources invested in educating and training these professionals are effectively transferred to host nations, leaving Bangladesh at a disadvantage.
2. **Social Impacts** Brain drain affects social cohesion by creating a talent gap. Families are often separated, and communities lose potential leaders and contributors. The departure of skilled individuals weakens societal structures, leading to a decline in community-driven initiatives and mentorship opportunities for younger generations.
3. **Educational Impact** The exodus of students undermines local educational institutions. Institutions in Bangladesh struggle to retain talented students and faculty, which further affects the overall quality of education (Bufasi et al., 2024). This cycle of talent drain hampers the global competitiveness of Bangladeshi universities, making it challenging to attract international partnerships and investments.
4. **Dependency on Remittances** While remittances provide significant financial support, they cannot compensate for the long-term socio-economic deficits caused by the loss of

skilled labor (Azizi, 2018). Over-reliance on remittances also discourages the development of sustainable economic policies and innovation-driven industries.

Mitigation Strategies

1. **Policy Reforms** The government must implement policies to improve the quality of education and job opportunities. Enhancing transparency and accountability in governance can also reduce political instability. Special focus should be placed on fostering public trust in institutions and ensuring equitable access to resources for all socio-economic classes.
2. **Investment in Higher Education** Establishing partnerships with international institutions and investing in research and development can improve the global standing of Bangladeshi universities. Providing grants for academic research and supporting faculty development programs can enhance the overall quality of higher education.
3. **Incentives for Returnees** Providing incentives such as tax breaks, grants, and career opportunities for returning students can help mitigate brain drain. A study by (Zhang & Harzing, 2016); (Bastida et al., 2023), suggests that creating an enabling environment for expatriates can reverse the trend. Initiatives like offering positions in research and academia or creating entrepreneur-friendly ecosystems are critical steps.
4. **Promoting Entrepreneurship** Encouraging entrepreneurship through access to funding and mentorship programs can create new opportunities within the country. Establishing innovation hubs and startup incubators can attract young professionals and foster a culture of self-reliance.
5. **Diaspora Engagement** Leveraging the expertise of the Bangladeshi diaspora through collaborative projects and knowledge-sharing initiatives can benefit the nation without requiring physical repatriation. Creating a global network of Bangladeshi professionals can facilitate knowledge transfer and investment opportunities (Eni et al., 2025).

Case Studies

1. **India's Reverse Brain Drain** India has successfully mitigated brain drain by investing in its technology sector and providing incentives for expatriates to return. This approach has led to the emergence of Bangalore as a global IT hub (Hoque, 2024). India's emphasis on skill development and fostering a startup ecosystem has also attracted global investors.
2. **China's Talent Retention Strategies** China's government-funded initiatives like the "Thousand Talents Plan" have attracted scientists and researchers back to the country, boosting innovation and economic growth (Wiegant et al., 2024); (Asadikia et al., 2024); (Bridges & Guo, 2024). Such policies demonstrate the importance of aligning national priorities with individual aspirations.
3. **Bangladesh's ICT Sector** Bangladesh's burgeoning ICT sector, particularly in areas like freelancing and outsourcing, demonstrates potential for retaining skilled individuals by

creating lucrative opportunities at home (Bhuiyan et al., 2023). Further investment in digital infrastructure and training programs can position Bangladesh as a competitive player in the global digital economy.

Recommendations

1. **Enhancing Public-Private Partnerships** Collaboration between the government and private sector can lead to better educational facilities, job opportunities, and overall infrastructure. Joint ventures in research and development can also drive innovation and attract global attention.
2. **International Collaboration** Forming bilateral agreements with developed nations can ensure a circular migration model where students gain international exposure but return to contribute to their homeland. Exchange programs and joint degree initiatives can foster stronger ties between local and global institutions.
3. **Developing a National Talent Database** Creating a centralized database to track the skills and qualifications of expatriates can help in strategic planning and policy formulation. This can also aid in matching skilled workers with suitable opportunities within the country.
4. **Strengthening Local Institutions** Improving the governance, curriculum, and research capabilities of local universities can reduce the allure of foreign institutions. Building world-class campuses and investing in state-of-the-art facilities can retain top talent.
5. **Incorporating Technology in Education** Investing in digital education platforms can provide students access to global-quality education without leaving the country. Initiatives like virtual labs, online degree programs, and e-learning modules can make quality education accessible to a broader audience.

Critical Analysis

Brain drain in Bangladesh reflects a deeper systemic failure to retain talent and create opportunities for growth. The government's inability to address fundamental issues like quality education, career opportunities, and political stability has led to a continuous outflow of skilled individuals. Furthermore, the existing policy framework focuses heavily on remittances rather than addressing root causes. Comparative analysis with countries like India and China reveals that proactive policies, coupled with investments in innovation and education, are essential for reversing brain drain. Without immediate reforms, Bangladesh risks falling further behind in global competitiveness.

Future Prospects

Reversing brain drain requires a multi-faceted approach. The rise of Bangladesh's ICT sector presents a promising avenue for creating high-value jobs and retaining talent. Investments in digital infrastructure, innovation hubs, and public-private partnerships can foster a conducive environment for professionals. Additionally, leveraging the expertise of the diaspora through knowledge-sharing initiatives and collaborations can accelerate development. With strategic

planning and political commitment, Bangladesh can transition from brain drain to brain gain, paving the way for sustainable economic growth.

Conclusion

Brain drain remains a pressing challenge for Bangladesh, with far-reaching implications for its economic and social fabric. By addressing the root causes through targeted policy interventions, investment in education, and engagement with the diaspora, Bangladesh can transform brain drain into brain gain. The collective efforts of the government, private sector, and international partners are essential in creating a sustainable framework for talent retention and national development.

References

- Asadikia, A., Rajabifard, A., & Kalantari, M. (2024). Navigating sustainability: Key factors in prioritising Sustainable Development Goals. *Sustainability Science*, 19(6), 2041–2063. <https://doi.org/10.1007/s11625-024-01561-y>
- Azizi, S. (2018). The impacts of workers' remittances on human capital and labor supply in developing countries. *Economic Modelling*, 75, 377–396. <https://doi.org/10.1016/j.econmod.2018.07.011>
- Bastida, M., Bande Vilela, B., Pinto, L. H., & Castro-Gonzalez, S. (2023). “Be Happy” While You Can: How Expatriates' Accomplishments Affect Their Subjective Well-Being and Job Satisfaction. *Sage Open*, 13(3), 21582440231184872. <https://doi.org/10.1177/21582440231184872>
- Bhuiyan, M. R. I., Uddin, K. M. S., & Milon, M. N. U. (2023). Prospective Areas of Digital Economy in the Context of ICT Usages: An Empirical Study in Bangladesh. *FinTech*, 2(3), 641–656. <https://doi.org/10.3390/fintech2030035>
- Bridges, A., & Guo, D. (2024). Aligning stakeholder goals: Implications for inclusive urban sustainability. *Environmental Development*, 52, 101082. <https://doi.org/10.1016/j.envdev.2024.101082>
- Bufasi, E., Lin, T. J., Benedicic, U., Westerhof, M., Mishra, R., Namsone, D., Dudareva, I., Sorby, S., Gumaelius, L., Klapwijk, R. M., Spandaw, J., Bowe, B., O’Kane, C., Duffy, G., Pagkratidou, M., & Buckley, J. (2024). Addressing the complexity of spatial teaching: A narrative review of barriers and enablers. *Frontiers in Education*, 9, 1306189. <https://doi.org/10.3389/educ.2024.1306189>
- Eni, L. N., Saha, S., Hossain, M. A., & Rahaman, M. M. (2025). Investigating the linkage between knowledge sharing attitude, self-efficacy, and behavior in Bangladeshi information technology sector: Knowledge sharing intention as a mediator. *Heliyon*, 11(1), e41399. <https://doi.org/10.1016/j.heliyon.2024.e41399>
- Hoque, Md. M. (2024). Crowdfunding for innovation: A comprehensive empirical review. *Future Business Journal*, 10(1), 102. <https://doi.org/10.1186/s43093-024-00387-5>
- Keister, L. A., Agius Vallejo, J., & Smith, P. B. (2020). Investing in the Homeland: Cross-border investments and immigrant wealth in the U.S. *Journal of Ethnic and Migration Studies*, 46(18), 3785–3807. <https://doi.org/10.1080/1369183X.2019.1592875>
- Khan, J. (2021). European academic brain drain: A meta-synthesis. *European Journal of Education*, 56(2), 265–278. <https://doi.org/10.1111/ejed.12449>

- Mahmud, H. (2023). International Migration in Bangladesh: A Political Economic Overview. In S. I. Rajan (Ed.), *Migration in South Asia* (pp. 49–65). Springer International Publishing. https://doi.org/10.1007/978-3-031-34194-6_4
- Moshtari, M., & Safarpour, A. (2024). Challenges and strategies for the internationalization of higher education in low-income East African countries. *Higher Education*, 87(1), 89–109. <https://doi.org/10.1007/s10734-023-00994-1>
- Nikou, S., Kadel, B., & Gutema, D. M. (2023). Study destination preference and post-graduation intentions: A push-pull factor theory perspective. *Journal of Applied Research in Higher Education*, 17(7), 76–96. <https://doi.org/10.1108/JARHE-04-2023-0149>
- Rabbiosi, L., Gregorič, A., & Stucchi, T. (2019). Diaspora Ownership and Homeland Firms' Internationalization. *Journal of International Management*, 25(3), 100661. <https://doi.org/10.1016/j.intman.2018.12.002>
- Rueff-Lopes, R., Sayeras, J., & Velasco, F. (2024). Examining the Motivations Underlying International Students' Migration Behaviors: The Case of Master's Students in Spain. *Journal of International Migration and Integration*, 25(1), 309–329. <https://doi.org/10.1007/s12134-023-01072-2>
- Socol, A., & Iuga, I. C. (2024). Addressing brain drain and strengthening governance for advancing government readiness in artificial intelligence (AI). *Kybernetes*, 53(13), 47–71. <https://doi.org/10.1108/K-03-2024-0629>
- Sutradhar, S. R. (2020). The impact of remittances on economic growth in Bangladesh, India, Pakistan and Sri Lanka. *International Journal of Economic Policy Studies*, 14(1), 275–295. <https://doi.org/10.1007/s42495-020-00034-1>
- Vega-Muñoz, A., González-Gómez-del-Miño, P., & Espinosa-Cristia, J. F. (2021). Recognizing New Trends in Brain Drain Studies in the Framework of Global Sustainability. *Sustainability*, 13(6), 3195. <https://doi.org/10.3390/su13063195>
- Wiegant, D., Dewulf, A., & Van Zeben, J. (2024). Alignment mechanisms to effectively govern the sustainable development goals. *World Development*, 182, 106721. <https://doi.org/10.1016/j.worlddev.2024.106721>
- Zhang, L. E., & Harzing, A.-W. (2016). From dilemmatic struggle to legitimized indifference: Expatriates' host country language learning and its impact on the expatriate-HCE relationship. *Journal of World Business*, 51(5), 774–786. <https://doi.org/10.1016/j.jwb.2016.06.001>